

## SIDES

Upgrade to a main for £3.00

### Stri Fry Vegetables ..... £5.00

Mangetout, pak choi, baby corn, cabbage, bean sprouts, fine beans and peppers.

### Bombay Aloo ..... £5.00

New potatoes in a medium spiced sauce.

Add spinach for £1.50

### Saag Paneer ..... £6.50

Indian Cheese cooked with spinach in mild creamy sauce

### South Indian Dal ..... £5.00

Lentils cooked with paanch puren (five spice) and coconut milk.

### Oriental Mushroom

### Bhaji ..... £5.00

Fresh mushrooms cooked with garlic flakes, peppers and soy sauce.

## Did you know

There are roughly 100 trillion bacteria in the digestive system alone.

It may seem like a tall order to change them, but the good news is that **your microbiome can quickly change.**

Research has shown that within two to four days of eating right, your gut microbiome can change for the better.

## NAAN AND BAO

### Plain Naan ..... £3.25

### Peshwari Naan ..... £4.50

Sweet coconut.

### Garlic Naan ..... £3.95

### Bao Bun ..... £2.50

Warm soft steamed bun.

## Digital cooking

Constantly raising the bar; working out how beneficial our food can be to you on a physical mental and nutritional level, this is wellbeing dining with brand new taste memories.

- Chef Ruddini.

*'To eat is a necessity, but to eat intelligently is an art'*

## RICE & NOODLES

### Basmati Rice ..... £3.95

### Pilau Rice ..... £3.95

### Mushroom Rice ..... £4.50

### Plain Noodles ..... £3.95

### Spiced Noodles ..... £5.95

Cooked with Siracha and soy sauce fresh oriental herbs and vegetables.

## OPENING TIMES

**April - Oct:** Mon - Sun 17:30 - 21:30

**Nov - March:** Wed - Sun 17:30 - 21:30

### BOOKING IS ADVISABLE

**Please note:** we do not permit children under the age of 11 to dine in the restaurant.

A minimum spend of £20 per person is required when dining in the restaurant.

## DELIVERY

**Delivery Charge:** £3.00 for within 3.5 mile radius. TQ1, TQ2, TQ3 and Kingskerswell.

**Delivery Time:** Approximately 45 minutes.

**Collection Time:** Approximately 25 minutes.

A minimum spend of £25 is required on all deliveries.

A discretionary 10% service charge will be added to the total bill in the restaurant.

Our service charge and gratuities are wholly distributed to our staff whether left as cash or on a credit/debit card.

All prices include VAT at the current rate.

Indi-Yang uses all allergens across our kitchen at all times.

INDI  YANG



[www.indiyang.com](http://www.indiyang.com)

01803 380060

98 Belgrave Road | Torquay | TQ2 5HZ

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# MENU




*'Please ask your server about today's daily specials'*

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## CONDIMENTS

**Kimchi** ..... £3.95   
Spicy, sour, umami, fermented cabbage

**Manchurian Mango Chutney** ..... £2.00   
Oriental chutney with mango, roasted garlic, cumin, coriander and sesame seeds.

**Sweet Chilli Sauce** ..... £2.00   
Known as nam chim kai in Thailand, a popular chili sauce condiment.

**Crispy Chilli Oil** ..... £2.00   
Crispy chilli flakes in oil.

**Sambal Olek**..... £2.00   
A spicy Indonesian chilli paste made with hot red peppers.

Having trouble deciding what to order???

## Why Not go Omakase

... the Japanese phrase used when ordering food in restaurants, that means

‘I’ll leave it up to you’.

Simply let your server know how many courses you require and leave the rest to chefs.

Always let us know allergies and dietary requirements at time of ordering

Please ask to speak to one of our team to clarify your specific allergy/dietary requirements.

Our menu and specials boards change constantly and may result in different ingredients being used from one time to the next.


## STREET FOOD SNACKS

**Indian Chips and Far East Dips** ..... £3.95   
A cross between prawn crackers and poppadoms these multi coloured crisps dip so well! Served with Manchurian mango chutney and sweet chilli sauce.

**Indi-Yoza** ..... £6.95   
Deep Fried stuffed dumplings served with sweet chilli (x5).  
Available with chicken or vegetable

**Thai Prawn Skewers** ..... £8.95  
Prawns, galangal, lemon grass, mustard, fresh oriental herbs served with Manchurian mango chutney.

**Thai Chicken Fillet Skewers** ..... £7.95  
Chicken fillets, galangal, lemon grass, mustard fresh oriental herbs served with Manchurian mango chutney.

**Manchurian Bao** ..... £6.95   
Cooked with garlic, ginger, peppers, whole jeera, chilli flakes, soy sauce in a sweet and sour chilli sauce. Served inside a bao bun.

Available with crispy chicken, sticky mushroom or Mock chicken

**Gunpowder Potatoes** .... £5.95   
Triple cooked skin on new potatoes topped with Siracha, lemon mayo, K.Manis (sweet soy sauce) and pomegranates.

## Lions mane

Lion’s Mane is a mushroom that resembles, well... the mane of a lion. This odd-looking fungus is most well-known for providing brain-boosting or nootropic effects. While this is what it is most well-known for, there is research going on to investigate many other benefits from anti-cancer to diabetes prevention


## STARTER PLATES

**K.Manis Goan Fish** ..... POA  
Fish of the day in a Goan spiced marinade, galangal, lemon grass, mustard, fresh oriental herbs and K.Manis (sweet soy sauce) drizzle.

**Rawalpindi Paneer** ..... £8.95  
Grilled Paneer (Indian cheese) marinated in mixed Pakistani spices and sweet chilli sauce.

**Thai Fish Cake** ..... £8.95  
Fish and aloo spiced with oriental herbs and spices dipped in breadcrumbs with K.Manis (sweet soy sauce).


**Sticky Korean Wings** .... £7.95  
Spicy wings tossed in Korean sticky chillii sauce.

**Sushi of the day** ..... £8.00   
A choice of fish or plant based.  
Serverd with kimchi mayo

## WHAT THE PHO!


**Thenga Dashi** ..... £16.95   
Rice noodles with a Bengali/ Japanese plant based dashi broth, bean sprouts, mangetout, peppers, sliced chilli, spring onion, mint, basil, ashwagandha, lions mane and coriander.

Topped with your choice of Thai chicken skewers, Thai prawn skewers, tempeh spare ribz or Mock Chicken

**Indi Green Noodles** ..... £15.00   
Chicken or Mock chicken cooked with various oriental vegetables, our own Indi-Green Thai curry paste, coconut milk and rice noodles.

Serves one or split it with your guests to go alongside your main dishes or starter plates

Available with chicken, Mock chicken or vegetables

**Indi Red Noodles** ..... £15.00   
Chicken or Mock chicken cooked with various oriental vegetables, our own Indi-Red Thai curry paste, coconut milk and rice noodles.

Serves one or split it with your guests to go alongside your main dishes or starter plates

Available with chicken, Mock chicken or vegetables

Indi-Yang uses all allergens across our kitchen at all times.

## Ashwagandha

Can help reduce inflammation while also helping to strengthen the heart and reduce cholesterol levels.

A minimum spend of £20 per person is required when dining in the restaurent.

## Experience Asia

Food that tries to engage the mind, not just the palate. To provoke the intellect.

## ...TO KNOW, YOU MUST TASTE


**The Malay-Yang** ..... £13.95  
Assimilated flavours of the east combining to deliver complete satisfaction. Spicy, sweet, nutty and oh so delicious. Chicken and prawns cooked with sesame oil, soy sauce, mixed spices, peanuts, lime leaves, honey and coconut milk.

**Kung Pao Pathia** ..... £13.95  
Chicken tikka or prawn, mixed spices, chicken stock, rice wine, soy sauce, lemon juice, honey, sambal, sesame oil.

Great paired with spicy noodles

**Indi-Katsu**..... £13.95   
A take on the Katsu curry, crispy chicken atop of a indian infused katsu curry sauce.

Served with sticky rice

**Indi-Cashew** ..... £12.95   
A mild cashew curry cooked with mushroom sauce, soy and rice wine, and roasted cashews.

Available with chicken or Mock chicken

## ENHANCED SOUTH ASIAN VIBES

**Cardamon Korma** ..... £11.50   
A creamy sweet coconut dish with a hint of cardamon  
Available in chicken, Mock chicken or vegetables

**Makani Tikka Massala** ..... £12.50   
A mild flavoursome dish that sits between butter chicken and a tikka massala.  
Available with chicken, Mock chicken or vegetables

**Beigan Kathraki Achar** ..... £11.50   
Baked aubergine, fine spices, lentils fresh herbs and a homemade pickle.

**Bengali Curry** ..... £13.50  
A dish filled with deep flavours from the Sylhet region of Bangladesh, whole pepper corns, cloves cardamon, cassia bark and Sylehti bay leaf.  
Available with chicken or Mock chicken

**North Indian Fry** ..... £14.95  
A dish filled with intense flavour, cumin, ginger, charred garlic and caramelised onions in a medium sauce.  
Available with chicken or lamb  
Choice of medium, jalfrezi hot or naga hot

**Chicken Tamil Nadu Madras** ..... £12.95  
A very hot dish that is cooked with garlic, ginger, mixed spices, garram massala, lemon juice and fresh coriander.

**Sri Lankan Prawn Curry** ..... £14.95  
Prawns cooked in a spicy coconut milk based sauce. With lime leaves, fresh garlic, mixed spices, mustard seeds, mustard, chicken stock and coriander.



‘Please ask your server about todays daily specials’